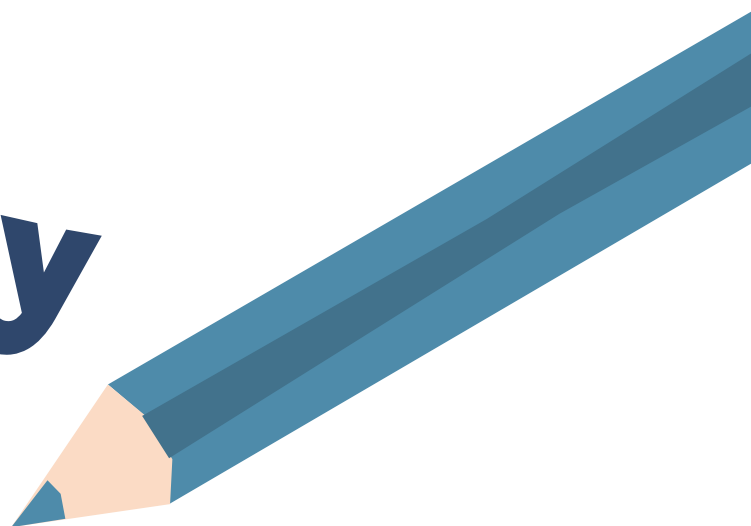
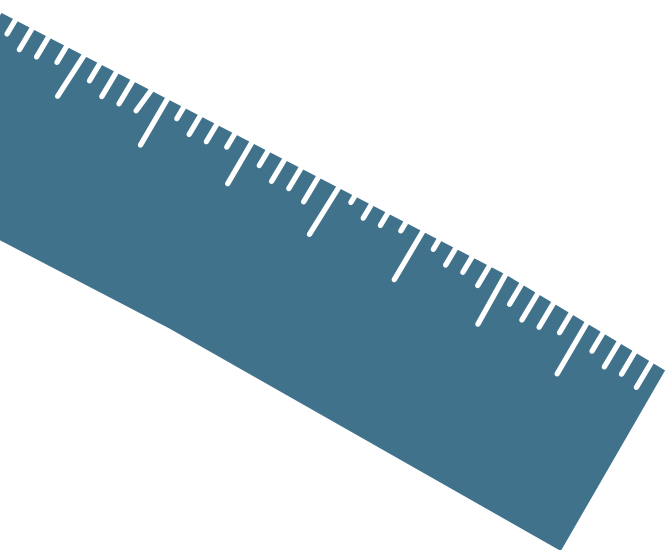


**Mission  
Gallery**



# Activity Pack



**Self Portraiture**

# Challenge 1

## Tone

When it comes to portraiture, tone is important, as it adds depth to your image. We'll explore a technique called Sfumato, which was used by Leonardo da Vinci.

This technique softly and seamlessly blends two tones together. Fumo is the Italian word for 'smoke', and Sfumato in Italian means 'to evaporate like smoke'. Your lightest and darkest tones should blend 'like smoke'.

### What You Need

- Pencil, Chalk or Charcoal.
- Some Paper.

### What To Do

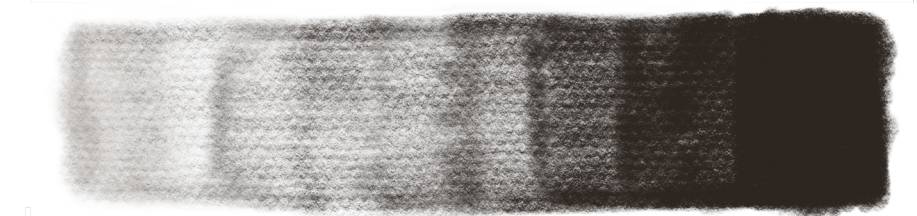
On your sheet of paper, draw 2 equally sized squares with space between. Shade the first one lightly, and shade the last one heavily. Then fill in the space between to create a seamless blend. Tip: you can use your finger to smudge and blend.

**Lightest**

**Darkest**



**Stage 1**



**Stage 2**



**Stage 3**

## Challenge 2

# Continuous Line

For our next challenge, you'll be drawing a continuous line self-portrait. You'll be drawing yourself using only line, so no shading.

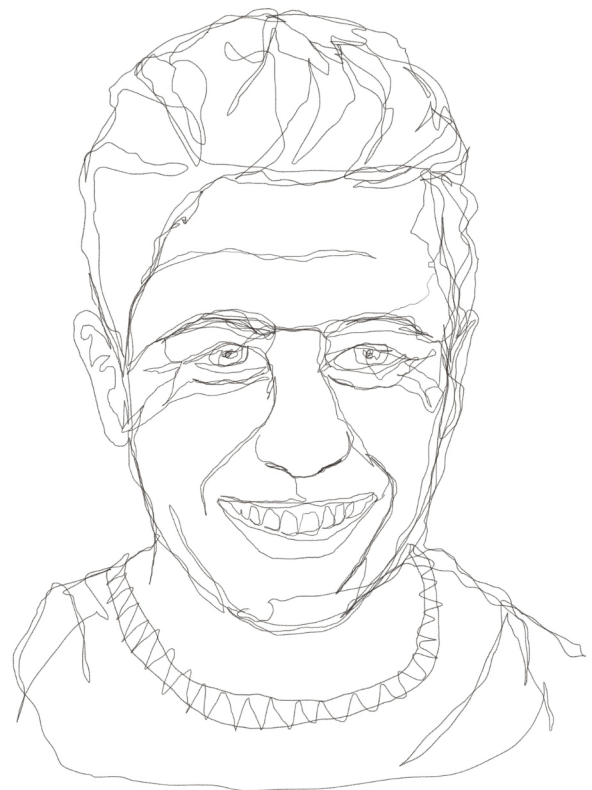
But here's the tricky bit; once you start drawing, you have to keep your pencil on the paper until the end. To make it even more fun, try doing a continuous line drawing without looking at your piece of paper, by covering it with another sheet.

## What You Need

- Pencil, Coloured Pencil or Pen.
- Some Paper.
- Mirror

## What To Do

Position yourself in front of a mirror, then using a pencil start drawing yourself - but remember, you must keep your pencil on the paper at all times. Don't worry if your drawing looks strange! The most important thing is that it is in one unbroken "continuous" line



## Challenge 3

# Light & Shadow

In this challenge, you're going to use what you learnt in Tone exercise and draw your self portrait. We'll be focusing on light and shadow, and using crushed up charcoal and our finger to draw - no lines this time.

If you don't have charcoal, don't worry. Black paint, watercolour paint, ink, chalk or a soft pencil can work just as well!

## What You Need

- Crushed Charcoal.
- Some Paper.
- Mirror

## What To Do

Position yourself in front of a mirror. With crushed up charcoal, use your finger draw the shadows of your face as you see them. No outlines, just shadows!



## Challenge 4

# Proportions

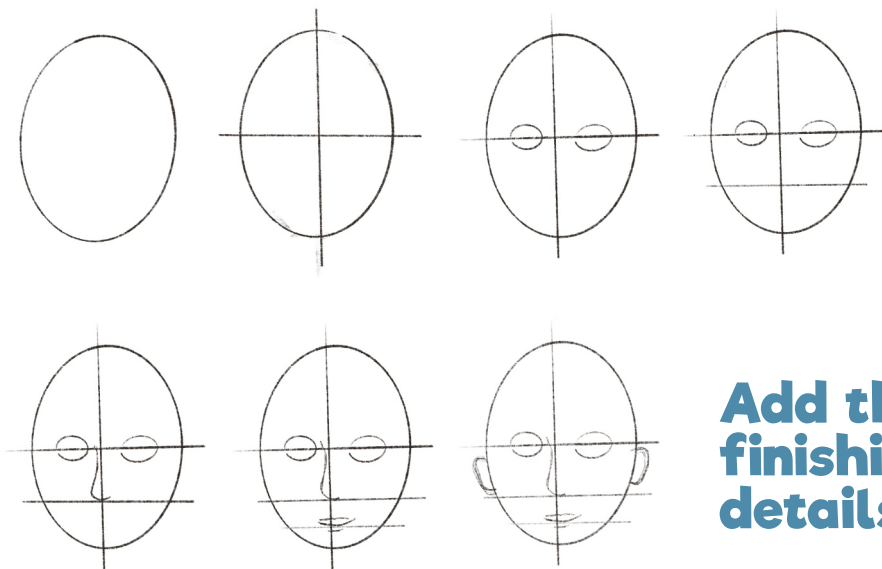
In this challenge, you're going to draw a basic face template to help you understand proportion (the size, shape and placement of different parts of the face).

## What You Need

- A Pencil
- Some paper

## What To Do

- On your sheet of paper draw an oval.
- Divide the oval into four parts; once horizontally and once vertically.
- Draw your eyes on the horizontal line.
- Divide the bottom half of the oval into two parts horizontally.
- Draw your nose.
- Then divide the bottom quarter into two parts (this makes the mouth).
- Ears are between the eyes and nose guidelines.
- Remember, this is just a guide to help you get familiar with the proportions of the face. Everyone is slightly different, but this guide will help you.



**Add the  
finishing  
details**

# Challenge 5

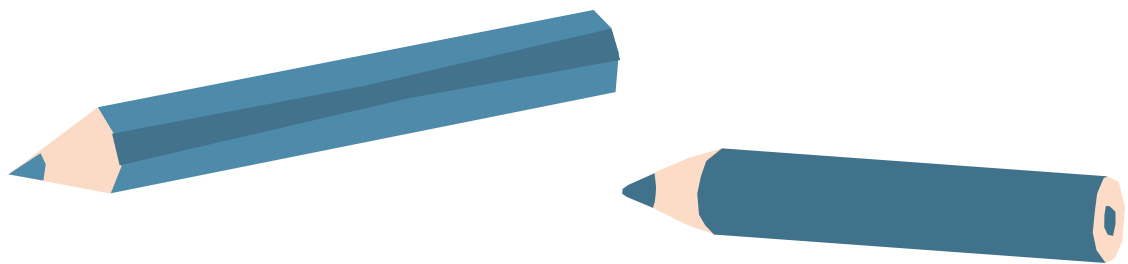
# Self Portrait

## What You Need

Pencils, chalk, paint and anything else you want to draw with.  
Sheets of Paper

## What To Do

Now it's time to put the skills you've learn to the test by drawing a self-portrait. You can use any drawing material you want. You can draw in front of a mirror or from an image. Remember to experiment with tone, shadows, line and proportions.



# Show us your drawing

We'd love to see what you create. You can share them with us on Social or email them to Megan.

Facebook: [@mission.gallery](#)

Instagram: [@missiongalleryswansea](#)

Email: [megan@missiongallery.co.uk](mailto:megan@missiongallery.co.uk)